

Cirencester and Stroud Branch
Upcoming Events & Regular Activities 2025
 (www.cirenstroudruk.co.uk)



	DATE	WHAT'S ON	WHERE	TIME	INFO
	FEBRUARY				
CARERS TRAINING	Mon 3rd	Lifting & Handling of People	St Lawrence Church Hall, Cirencester	12-2pm	
Walking Football	Tue 4th	Parky Pals Walking Football	Cirencester Arena	1:30pm	PD Exercise & a game & social
Café Meet Up	Wed 5th	Meet for a coffee and a chat	Leaf & Ground, Dursley	3-5pm	
CARERS TRAINING	Mon 10th	Lifting & Handling of People	Frampton Mansell Village Hall	12-2pm	
Stroud Members Mtg	Tue 11th	TALK - Dr Will Young Rehabilitation Psychology	Pavillion in the Park, Cainscross	1:30-3:30	
Walk / Coffee Meet Up	Thu 13th	Coffee / Walk	Tetbury Goods Shed	1-3pm	1pm for a walk, 2pm for coffee
Cirencester Members Mtg	Mon 17th	MUSIC - Phil Collins & his Eukele's	St Lawrence Church Hall, Cirencester	2-4pm	
Walking Football	Tue 18th	Parky Pals Walking Football	Cirencester Arena	1:30pm	PD Exercise & a game & social
Cam Members Mtg	Thu 20th	TALK - to be confirmed	Cam Council Rooms, Cam	10:30-12	raffle
Social	Wed 26th	Cuppa-Chat Social Meetup	Baptist Church, Cirencester	10:30-12	
	MARCH				
Walking Football	Tue 4th	Parky Pals Walking Football	Cirencester Arena	1:30pm	PD Exercise & a game & social
Café Meet Up	Wed 5th	Meet for a coffee and a chat	Leaf & Ground, Dursley	3-5pm	
Stroud Members Mtg	Tue 11th	TALK - Beverley Grimstead, Sue Ryder	Pavillion in the Park, Cainscross	1:30-3:30	
Walk / Coffee Meet Up	Thu 13th	Coffee / Walk	Tetbury Goods Shed	1-3pm	1pm for a walk, 2pm for coffee
Cirencester Members Mtg	Mon 17th	AGM - David Newbold, PUK, Kate Holland Exercise	St Lawrence Church Hall, Cirencester	2-4pm	
Walking Football	Tue 18th	Parky Pals Walking Football	Cirencester Arena	1:30pm	PD Exercise & a game & social
Cam Members Mtg	Thu 20th	TALK - to be confirmed	Cam Council Rooms, Cam	10:30-12	raffle
Social	Wed 26th	Cuppa-Chat Social Meetup	Baptist Church, Cirencester	10:30-12	
	APRIL				
Walking Football	Tue 1st	Parky Pals Walking Football	Cirencester Arena	1:30pm	PD Exercise & a game & social
Café Meet Up	Wed 2nd	Meet for a coffee and a chat	Leaf & Ground, Dursley	3-5pm	
Stroud Members Mtg	Tue 8th	TALK - Megan Baker House	Pavillion in the Park, Cainscross	1:30-3:30	
Walk / Coffee Meet Up	Thu 10th	Coffee / Walk	Tetbury Goods Shed	1-3pm	1pm for a walk, 2pm for coffee
Walking Football	Tue 15th	Parky Pals Walking Football	Cirencester Arena	1:30pm	PD Exercise & a game & social
Cam Members Mtg	Thu 20th	TALK - to be confirmed	Cam Council Rooms, Cam	10:30-12	raffle
Cirencester Members Mtg	Mon 28th	TALK - Sarah Davies The Memory Clinic	St Lawrence Church Hall, Cirencester	2-4pm	
Walking Football	Tue 29th	Parky Pals Walking Football	Cirencester Arena	1:30pm	PD Exercise & a game & social
Social	Wed 30th	Cuppa-Chat Social Meetup	Baptist Church, Cirencester	10:30-12	

Contact the Branch	email	cirenstroudruk@yahoo.com	phone: Speak to Karen on 07586 532635	We are here to help anyone in our area to live well with their Parkinson's by arranging a choice of regular events and activities.
Join the Branch	website	https://www.cirenstroudruk.co.uk/join-our-branch/		
Donate to the Branch	online banking details	Barclay's Business account name: (needs to be typed in exactly as below) PARKINSONS DISEASE SOCIETY OF THE UNITED KINGDOM sort code: 20-00-00 a/c 13890260		